



Ramakrishna Mission Vivekananda Educational and Research Institute

(Deemed-to-be University as declared by Government of India under Section 3 of UGC Act, 1956)

COIMBATORE CAMPUS

Faculty of General & Adapted Physical Education and Yoga (GAPEY)

SRKV Post, Periyanaickenpalayam, Coimbatore, Tamil Nadu – 641020, India

Profile

Name	Dr. S. SENTHIL KUMARAN		Photograph
Designation	SPORTS TRAINER (BASKETBALL)		
Department	Faculty of General and Adapted Physical Education & Yoga		
Mailing Address	S/O. R. Selvaraj, RV Nagar, Periyanaikanpalaiyam, Coimbatore Tamilnadu - 641020		
Languages Known	Tamil, English.		
Mobile No.	+91 99656 88234		
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Educational Qualification			
Degree	Institution/University	Year	Specialization
Ph.D.	Bharathiar University, Coimbatore	2024	Sport Training and Basketball
M.Phil	Bharathidasan University, Trichy	2018	Sport Training and Basketball
M. P. Ed	Bharathiar University, Coimbatore	2017	Physical Education
B. P. Ed	Bharathiar University, Coimbatore	2015	Physical Education
B.A	Annamalai University, Chidambaram	2014	Police Administration
PGDCA	Master Computers, Madurai	2015	Computer Applications
PG.D.Y.Ed	Bharathiar University, Coimbatore	2016	Yoga
PG.D.F.M	Bharathiar University, Coimbatore	2017	Fitness Management

Career Profile			
Institution/Organization	Designation	Duration	Role and Responsibilities
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Research Interests / Specialization			
<ul style="list-style-type: none"> • Research and Statistics in Physical Education • Advanced Sports Training and Coaching • Sports Nutrition and Weight Management • Strength and Conditioning • Specialization: Basketball 			
Publications			
S. No	Research Paper	Journal Details	
1.	Synergistic Outcomes of Isometric Strength Training and Specific Drills on Lower Body Strength Endurance and Leg Strength in Basketball Players	International Journal of Research Publication and Reviews ISSN: 2582-7421	
2.	Impacts of Isometric Strength Training with Specific Drills on Enhancing Strength Factors among School Level Basketball Players (A Pilot Study).	International Journal of Research Publication and Reviews ISSN: 2582-7421	
3.	Nutrition Influence on Fitness	International Journal of Research Publication and Reviews ISSN: 2582-7421	
4.	Enhancing Skill Performance Variables among School Level Basketball Players Through Specific Drills (A Pilot Study)	EPRA International Journal of Multidisciplinary Research (IJMR) ISSN: 2455-3662	
5.	Impacts of Specific Drills on Skill Performance Variables among Grassroots Level Basketball Players (A Pilot Study).	EPRA International Journal of Research and Development (IJRD) ISSN: 2455-7838	

RESEARCH PAPERS PRESENTED IN CONFERENCES / SEMINARS

S. No	Research Paper	Conferences / Seminars
International		
1.	Women’s Health Benefits Through Yoga	International Level Conference on, “MODERN TRENDS IN SPORTS PERFORMANCE (ICMTSP – 2023) organized by Alagappa University College of Physical Education, Alagappa University, Karaikudi on 15th & 16th March, 2023.
2.	Periodization and Progression in Weight Training: Optimizing Strength Gains and Preventing Overuse Injuries for Basketball Players	International Conference on Current Trends in Multidisciplinary Research (ICCMR) on 22 nd and 23 rd September 2023, organized by Sri Krishna Arts and Science college, Coimbatore.
National		
3.	Combined Impacts of Isometric Strength and ladder Training on Physical Fitness Variables among Basketball	National Seminar on, “LATEST ADVANCEMENTS IN PHYSICAL EDUCATION AND SPORTS SCIENCE AND THEIR IMPLICATIONS” organized by Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, during 24th & 25th March, 2023.

Conferences/Seminars/Workshops/Clinics Participation

International Level	10	National Level	06	State Level	-
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