



Ramakrishna Mission Vivekananda Educational and Research Institute

(Deemed-to-be University as declared by Government of India under Section 3 of UGC Act, 1956)

COIMBATORE CAMPUS

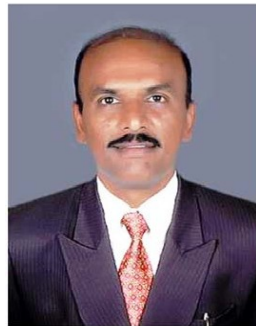
SRKV Post, Periyanaickenpalayam, Coimbatore, Tamil Nadu – 641020, India

Profile

Faculty of General & Adapted Physical Education and Yoga (GAPEY)

Dr. GIRIDHARAN RANGARAJ

Associate Professor in Inclusive Adapted Physical Education

Name	Dr. R. Giridharan	Photograph
Designation	Associate Professor and Head	
Department	Faculty of General & Adapted Physical Education and Yoga	
Mailing Address	Office Address: Faculty of General & Adapted Physical Education and Yoga Ramakrishna Mission Vivekananda Educational and Research Institute, SRKV Post, Periyanaickenpalayam, Coimbatore, Tamil Nadu – 641020, India Residential Address: 41/17, Bhattrakali Amman Lane, Ramar Kovil Street, South Ukkadam, Coimbatore – 641 001.	
Languages Known	Kannada, English & Tamil	

ON-GOING RESEARCH PROJECT (DST-TIDE Major Research Projects)

Funded by Department of Science and Technology - New Delhi

Project Titled : **“Design and Development of Adapted Boccia Game & Gadgets and a Study of their Effect on Auditory Depth Perception and Auditory Reaction Time among Persons with Visual Impairment**

Amount Sanctioned : **Rs. 17,00,108 (36 months)**

EDUCATION

- **Ph.D., Adapted Physical Education**, Bharathiar University, Department of Physical Education, Coimbatore, 2015.
- **M.Phil., Physical Education**, School of Distance Education, Bharathiar University, Coimbatore, 2008.
- **M.P.Ed., Physical Education**, Bharathiar University - SRMV Maruthi College of Physical Education, Coimbatore, 2006.
- **B.P.Ed., Physical Education**, Department of Physical Education, Annamalai University, Chidambaram, 2003.
- **B.B.A., Business Administration**, Annamalai University, Chidambaram, 1999.
- **B.Ed., Special Education in Mental Retardation**, Tamil Nadu Open University, Chennai, 2010.
- **Post Graduate Diploma in Special Olympics**, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of GAPEY, Coimbatore, 2007.
- **ADAPT - Advance Diploma in Application Programming and Techniques**, Bitech Education and Training Service – Coimbatore, 1998.
- **Certificate Course in Adapted Physical Education**, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of GAPEY, Coimbatore, 2015.

PROFESSIONAL EXPERIENCE

- **Assistant Professor**, Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore, from 17.07.2006 to 08.04.2007.
- **Assistant Professor**, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of GAPEY, Coimbatore, from 09.04.2007 to 30.04.2009.
- **Assistant Professor**, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of GAPEY, Coimbatore, from 15.09.2011 to 31.05.2019.
- **Associate Professor & Head**, Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of GAPEY, Coimbatore, from 01.06.2019 to till date.

ROLE AND RESPONSIBILIY - UNESCO CHAIRHOLDER

UNESCO Chair in the field of “Inclusive Adapted Physical Education and Yoga” as an international recognition for the services of the disabled and it is first of its kind in the whole of Asia in concordance with research collaboration, sharing of knowledge and good practices; Strengthen links and cooperation with local and international institutions and in the field of inclusive adapted physical education.

PROJECT DETAILS

- **Ph.D., Adapted Physical Education**, Bharathiar University, Department of Physical Education, Coimbatore, 2015.

Dissertation: Combined and individualized effects of physical training and yogic practices on selected physical fitness and physiological variables of individuals with intellectual disability, - Under the Guidance of Dr. T. Radhakrishnan, Ph.D. Professor, Dept of Physical Education, Bharathiar University, Coimbatore.

- **M.Phil., Physical Education**, School of Distance Education, Bharathiar University, Coimbatore, 2008.

Dissertation: Overall Perspective on Causes of Sports Injuries among Field Hockey Players, - Under the Guidance of Dr. S. Alagesan, Ph.D., Professor, Sri Ramakrishna Mission Vidyalaya, Maruthi College Of Physical Education, Coimbatore.

- **M.P.Ed., Physical Education**, Bharathiar University - SRMV Maruthi College of Physical Education, Coimbatore, 2006.

Dissertation: A Study and Analysis of Anthropometric and Field Test Results of Tamil Nadu Sports School Athletes at the Time of Induction in VIII and IX Class and their Performance (2004 – 2005) - Under the Guidance of Dr. S. Alagesan, Ph.D., Reader, Sri Ramakrishna Mission Vidyalaya, Maruthi College Of Physical Education, Coimbatore.

COURSES TAUGHT

Under Graduate	Post Graduate
<ul style="list-style-type: none">• Adapted physical education• Fitness and Wellness	<ul style="list-style-type: none">• Adapted physical education• Assessment and Evaluation in

<ul style="list-style-type: none"> • Exercise Prescription • Obesity and Weight Management • Field Hockey 	<ul style="list-style-type: none"> Adapted Physical Education • Special Olympics Official Games • Technology in Disability Sports
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PAPERS PUBLICATIONS IN JOURNALS

S.No.	Title of paper published	Journal Details	ISSN/ ISBN No.
1	Comparison of Auditory Cue and Vocal Instruction for Person with Visual Impairment	Sambodhi Journal, Vol-44-No.01 (VIII), January – March 2021 Impact Factor 5.80	ISSN : 2249-6661
2	Influence of wheelchair mobility training on sprint performance of amateur wheelchair tennis players	Juni Khyat (UGC Care Group I Listed Journal, Vol-10 Issue-7 No. 3 July 2020 (P-248-254)	ISSN: 2278-4632)
3	Analysis and Identification of Blockades among Family Members of Children with Disabilities to allow them to Participate in Sports	Juni Khyat (UGC Care Group I Listed Journal, Vol-10 Issue-7 No. 3 July 2020 (P-225-261)	ISSN: 2278-4632)
4	Effect of adapted physical activities on selected psychomotor variables of children with intellectual disability.	International journal of recent research and applied studies. Vol. 2, Issue2 (6), pp.11-14. 2015.	2349-4891
5	Unified Play Day	Journal of Adapted Physical Education and Yoga, Volume -5; Issue-1; June 2015.	2229 - 4821
6	Effect of guide assisted running techniques on cardiorespiratory fitness and leg explosive power of students with visual impairment.	Journal of Adapted Physical Education and Yoga, Volume -3; Issue-2; June 2013.	2229 - 4821
7	Adapted physical activities on cognitive abilities of processing speed among adolescents with intellectually disability.	Journal of Physical Education and Sports Sciences; Volume -4 ; Issue- 1: June 2016; pp 42-50.	0976-6618
8	Influence of adapted physical activities on cardiorespiratory fitness and leg explosive power of individuals with visual impairment.	International Journal of Computational Research and Development, Volume 2, Issue 2, Page Number 201-205,	2456 - 3137

		2017.	
9	Influence of Physical Training and Yogic Practices on Aerobic Fitness, Balance and flexibility of Individuals with Intellectual Disabilities	Journal of Adapted Physical Education and Yoga, Volume -2; Issue-1; June 2012.	2229-4821
10	Effects of physical training and yogic practices on forced vital capacity and forced expiratory volume in one second of individuals with intellectual disability.	Journal of Physical Education and Sports Sciences; Volume -4 ; Issue- 1: June 2012.	0976-6618
11	Impact of adapted with unified exercise programme on selected fundamental motor skills of children with intellectual disability	International Journal of Recent Research and Applied Studies, Volume 3, Issue 11, pp. 64-67, November 2016.	2349-4891
12	Effects of adapted physical activities along with yogic practices on lipid profile of individuals with visual impairment.	International Journal of Adapted Physical Education & Yoga, Vol. 3, No. 12, pp. 30 to 44., October 2018.	2455-8958
13	Effects of varied forms of weight training on selected anthropometric variables of college students.	International Journal of Adapted Physical Education & Yoga, Vol. 1, No. 1. March, 2016.	2455-8958
14	Effect of sport specific training on selected skill performance variables among intercollegiate ball badminton players	Star Research Journal, Star Vol.5 Issue 12(7), December, 2017.	2321-676X
15	Effects of a 12-week physical training on aerobic fitness balance and flexibility of individuals with intellectual disabilities	Proceedings: UGC Sponsored National Seminar on "Impact of Physical Education in Developing Wholesome Personality among Student Community", Ramakrishna Mission Publication, pp.228-233, 16 th & 17 th March 2012	ISBN: 978-81-923573-0-0
16	Effect of Circuit Training Coordinative Abilities Training Specific Skills Training and Combined Training on Selected Biomotor and Skill Performance Variables among Inter Collegiate Male Basketball Players	KALA: Journal of Indian Art History Congress, Volume No. 26, No.2(XI) : 2020-2021.	ISSN: 0975-7945

17	Effect of Circuit Training Coordinative Abilities Training Specific Skills Training and Combined Training on Selected Coordinative Abilities and Skill Performance Variables among Inter Collegiate Male Basketball Players	Sambodhi Journal: Volume: 43, No.04(XV) October-December 2020	ISSN: 2249-6661
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INVITED LECTURES

S.No .	Title of the Invited Lectures	Title of the conference / seminar	Organized by
1	Getting Resourceful Research in Adapted Physical Education	UGC STRIDE Sponsored Five - Day Online Training Programme on Environmental Sustainability and Research Ethics organized by	Department of Physical Education, Avinashilingam Institute for Home Science & Higher Education for Women on 19.02.2021
2	Assistive Technology and Devices for Paralympics Sports	Online CRE Webinar on Assistive Devices and Technology	JKK Munirajahh Medical Research Foundation College of Occupational Therapy, 29.12.2020
	Adapted Physical Education programme for Persons with Disabilities	Second Webinar Series on Adapted Physical Education for Persons with Disabilities	ICFAI University, Tripura, 27th May 2020
3	Inclusive Adapted Physical Education and Activities for Children with Disabilities	Creating Inclusive Classrooms through Curricular Adaptations	RKMVERI – FDMSE in Collaboration with Samagra Shiksha, Andhra Pradesh, 19th August 2020
4	Athletic Assistive Technology and Performance in Paralympics Sports	Global Trends in Assistive Technology and Adapted Sports	RKMVERI- jointly organized by Faculty of DMSE & GAPEY, Coimbatore, 15 th & 16 th March, 2019
5	Adapted physical education and children with intellectual disabilities	One-day workshop on 'Adapted physical education and children with intellectual disabilities	Composite Regional Centre for Persons with Disabilities (CRC), Kozhikode, Kerala, 15th January 2018
6	Adapted Physical Education and Sports for Children with Special Needs	Multi-Sensory Approaches in Pre-school Education	RKMVERI, Faculty of DMSE, Coimbatore, 26 th to 30 th Dec. 2017
7	Adapted Physical Education and Sports for Persons with Disabilities	In-service Training and Sensitization of Key Functionaries of Govt and other Service Providers	RKMVERI, Faculty of DMSE, Coimbatore, 13 th to 15 th July 2017

8	Opportunities in adapted sports for individual and group as career	1st National Summit for Parents of Individuals with Multiple Disabilities	National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), 03rd to 05th August 2017
9	Adapted Physical Education and Sports for PwD	CRE Workshop on Physical Education, Recreation, Leisure and Sports for Persons with Disabilities	Navajeevan Special Education Centre, Andhra Pradesh, 17th & 18th October, 2016
10	Innovative Practices in Assessment of Children with Hearing Impairment (CWHI) through Adapted Physical Activities	CRE Workshop on Innovative Practices in Assessment of Children with Hearing Impairment (CWHI)	RKMVERI, Faculty of Disability Management and Special Education, Coimbatore, 27.08.2016
11	Adapted Physical Education and Sports for PwD	Workshop on Adapted Physical Education for Persons with Disabilities	Sports Development Authority of Tamil Nadu – Erode District, 16 th Oct 2015
12	The role of adapted play activities in sensory motor development	Continuing Rehabilitation Education (CRE) Workshop on Sensory and Motor Development on Developmental Disabilities	RKMVERI, Faculty of Disability Management and Special Education, Coimbatore, 3 rd and 4 th November 2013
13	Physical Education Towards Physical, Social and Mental Well Being Across the Life Span of Persons with Disabilities	Continuing Rehabilitation Education (CRE) Workshop on Physical Education, Recreation, Leisure & Sports for Children and PwD.	Nirmala Sadan, Training College for Special Education, Muvattupuzha– 686 661 06th September 2012
14	Noteworthy Practices in Bull Fighting/Catching Traditions Around the World	UGC Sponsored National Conference on Preservation and Propagation of Indigenous Sports and Games of India (Jallikattu and Kalari	RMV Maruthi College of Physical Education, Coimbatore 26th & 27th March 2009

BOOKS PUBLICATIONS

S.No	Name of the Book	Year of Pub.
1	Adapted games and recreational activities for Persons with Disabilities, (80000 copies throughout Andhra Pradesh) 2012	2012
2	Adapted physical education: a resource manual - 2015	2015

DEVELOPMENT OF E-LEARNING MATERIAL

S.No.	E-learning delivery process developed	E-learning material developed
1	Volleyball for Visual impairment – Short Film	1 Module
2	5-a-side Football presentation – Short Film	1 Module

ACADEMIC AWARD AND HONOR

National Trainer Award, Recognized for Trainers training programme for Special Olympics Bharat, Awarding agency - Special Olympics Asia Pacific during the year 2013.

PAPER PRESENTED IN INTERNATIONAL & NATIONAL CONFERENCES

S.No .	Title of the Paper Presented	Title of the conference / seminar	Organized by
1	Effect of Adapted Physical Activities on Physical Fitness Variables among Individuals with Autism Spectrum Disorders	National Seminar on Road Map to 2020 Olympics	SRMV Maruthi College of Physical Education, 23 rd & 24 th Feb. 2017
2	Influence of Aerobic Training on Cardiorespiratory Fitness and Leg Explosive Power of Students with Visual Impairment	International Conference on Emerging Trends in Sports Medicine, Physical Education, Sports Science and Yoga	Tamil Nadu Physical Education and Sports University, Chennai, 18 th & 19 th Jan. 2017
3	Effect of Adapted Physical Activities on the Cognitive Abilities of Processing Speed among Children with Intellectual Disabilities	National Seminar on Assistive Technology in Education & Sports for Total Inclusion of Persons with Disabilities	RKMVERI- jointly organized by Faculty of DMSE & GAPEY, Coimbatore, 6 th & 7 th Feb. 2015
4	Relevance of Unified Programme as Innovative Service Delivery System for Children with Various Disabilities	National Conference on Challenges and Rehabilitation Practices for the Differently Abled	RKMVERI- jointly organized by Faculty of DMSE & GAPEY, Coimbatore, 4 th & 6 th Feb. 2014
5	Unified Programme: An Adapted Physical Education Programme for Children with Various Disabilities	National Conference on Disability Management	Department of Social Work, Bharathiar University, Coimbatore, 14 th & 15 th Dec. 2012
6	Influence of Motor Training Programme Combined with Floor Hockey Drills on Selected Motor Fitness, Physiological and Skill Performance Variables of	Challenges and Opportunities in Cross-Cultural Research: Global Research Delegation	Special Olympics International – Athens, Greece 2011, 25 th to 28 th June 2011

	Individuals with Intellectual Disability		
7	Influence of Motor Activity Training Programme on Selected Motor Fitness Physiological & Skill Performance of Intellectual Disability	International Seminar on Positive Perspectives of Adapted Physical Education	RKMVERI, Faculty of GAPEY, Coimbatore, 19 th & 20 th Sept. 2011
8	Overall Perspective on Sports Injuries among Field Hockey Players	UGC Sponsored National Seminar on Modern Trends in Sports Medicine	Dept of Physical Education, Bharathiar University, Coimbatore, 9 th & 10 th April 2010
9	Analysis of Selected Psychological Variables among Position-wise All India Inter University Football Players	National Seminar on Social Aspects of Sports in Indian Context	Dept of Sports Psychology & Sociology, TNPESU, Chennai, 12th March 2010
10	A study on Determine the Relationship between the Physical Fitness Variables on Cardiovascular Risk Factors Among the Athletes and Non-athletes	International Conference on Modern Trends in Sports Technology, Management & Allied Sciences	Dept. of Physical Education, Alagappa University, Karaikudi, 8 th & 9 th March, 2010
11	Three Dimensional Approaches towards Talent Identification in Field Hockey Players	UGC Sponsored International Conference on Talent Identification and Development in Physical Education & Sports	Saint Mary's Syrian College, Brahmavar, 29 th & 30 th January 2010
12	Anthropometric Characteristics of Elite Athletes in Team Sports	UGC Sponsored National Conference on Physical Education, Sports and the Art of Well-being	Bishop Heber College, Trichy, 20 th March 2009
13	A Prospect of Advancement of Sports Technology	International Conference and Exhibition on Sports Technology	VIT University, Vellore and TNPESU, Chennai, 26th & 27th March, 2008
14	Effects of PNF Training of Flexibility among College Level Women Players	National Seminar on Professional and Scientific Approaches in Physical Education and Sports Sciences	Dept of Physical Education, Pondicherry University, Puducherry, 12 th March 2008
15	Benefits of Exercise for Person with Physical Disabilities	National Seminar on Innovative Approaches to Excellence in Physical Education and Sports	Kongunadu Arts and Science, Coimbatore, 27th February 2008
16	Critical Analysis of Field Hockey Injuries	National Seminar on New Trends in Sports Medicine	Dept of Physical Education, Bharathiar University, 26 th & 27 th Feb 2007

THESIS / PROJECT GUIDANCE

Post Graduate Level: 2014 - 15

- Effect of Speed Agility Quickness Training on Selected Physical Fitness and Skill Performance Variables among Inter Collegiate Level Hockey Players, submitted by **GOPALAKRISHNAN.V (V13MPED006)**.
- Effect of Short Term Interval Training on Selected Physical Fitness and Skill Performance Variables among University Level Hockey Players, submitted by **MUTHU M (V13MPED016)**.
- Effect of Step Aerobics Training on Selected Physical Fitness Components among Higher Secondary School Boys, submitted by **PRATHAP DEVAN. C (V13MPED020)**.
- Effect of Fartlek Training on Selected Physical Fitness and Skill Performance Variables among Inter Collegiate Level Hockey Players, submitted by **VANNIARAJA S (V13MPED028)**.

2015 - 16

- Effect of Short Term Interval Training on Selected Physical and Physiological Variables among Inter University Level Men Kabaddi Players, submitted by **MOHANRAJ.N (V14MPED011)**.
- Effect of Game Specific Circuit Training on Selected Physical and Physiological Variables among Inter University Level Men Kabaddi Players, submitted by **MURUGANANDAM.V (V14MPED013)**.
- Effect of Complex Training on Selected Physical and Physiological Variables among Inter University Level Men Handball Players, submitted by **SETHU.V (V14MPED023)**.
- Effect of Speed Agility Quickness Training on Selected Physical Fitness Variables among Inter Collegiate Level Men Kabaddi Players, submitted by **SHANMUGAM.V (V14MPED025)**.

2016 - 17

- Effect of adapted physical activities on selected motor fitness components of individual with Down syndrome, submitted by **BISWANATH BISWAS (V15MPED003)**.

- Effect of adapted physical activities on selected cardiorespiratory endurance and cognitive performance of children with attention deficit hyperactive disorder, submitted by **MANIKANDAN.V** (V15MPED016).
- Effect of adapted physical activities on selected cardiorespiratory endurance and cognitive function of children with autism spectrum disorder, submitted by **RAJESHKUMAR.R** (V15MPED024).
- Effect of endurance training with guide rope technique on cardiorespiratory fitness and peak expiratory flow rate of individuals with visual impairment, submitted by **SIVA KUMAR.D** (V15MPED030).

2017 - 18

- Effect of balance training on static and dynamic balance among children with intellectual disability, submitted by **MARIMUTHU.J** (V16MPED004).

2018 - 19

- Effect of Yogasanas on selected physical fitness components among students with hearing impairments, submitted by **MANIGANDAN.C** (V17MPED006).
- Effect of Pranayama on selected physiological variables among students with hearing impairments, submitted by **MAREESWARAN.S** (V17MPED007).

2019 - 20

- Effect of wheelchair mobility training on selected wheelchair mobility performance variables among amateur wheelchair tennis players, submitted by **KARTHIKEYAN.S** (V18MPED004).
- Effect of unified football training on selected skill performance variables among adolescents with intellectual disability, submitted by **RAM KUMAR.S** (V18MPED012).

M.Phil. Guidance:

2012 - 13 Effects of Varied Forms of Weight Training on Selected Physical Fitness and Anthropometric Variables of College Students, submitted by **RAVI M.**

- 2013 - 14** Effect of Adapted Physical Activities on Selected Physical Fitness and Psychomotor Variables of Children with Intellectual Disability, submitted by **MURALIDHARAN PALA**
- 2014 - 15** Effect of Adapted Physical Activities on Aerobic Fitness and Cognitive Abilities of Processing Speed among Children with Intellectual Disabilities, submitted by **NEMUKURI RAVI.**
- 2015 - 16** Effect of Adapted Yogic Practices on Selected Physical and Physiological Variables among Individuals with Cerebral Palsy, submitted by **MAHESH BABU.P**
- 2015 - 16** Effect of Specific Training on Selected Physical Fitness Physiological and Skill Variables of High School Female Kho-Kho Players, submitted by **BOOPATHY.R**
- 2016 - 17** Effect of Adapted Physical Activities on Selected Physical Fitness and Neuropsychological Variables of Individuals with Intellectual Disability, submitted by **KARIBEERAN.P**

Ph.D. Guidance:

- 2019 - 20** Effects of Adapted Physical Activity and Adapted Yogic Practices on Selected Physical Fitness Components LIPID Profile and Life Skills of Individuals with Visual Impairment, submitted by **R. BALASUBRAMANI, awarded 2019.**
- 2020 - 21** Effects of Circuit Resistance Training Coordinative Training and Skill Training on Bio-motor Psychological Coordinative Abilities and Skill Performance of Basketball Players, submitted by **GOLLAPOTHU NAGESWARA RAO**

SEMINARS, CONFERENCES, WORKSHOPS AND CLINICS ATTENDED

- National Conference to Evolve a Standardized Age Test and Age-Related Changes in Factors Affecting Sports Performance, organized by RMV MCPE, Coimbatore, 12th & 14th March 2007
- UGC Sponsored National Conference on Preservation and Propagation of Indigenous Sports and Games of India (Jallikattu and Kalari) , organized by RMV MCPE, Coimbatore, 26th & 27th March 2009
- Regional Seminar on Towards Inclusion: Ensuring Equality and Dignity for the Disabled, organized by Avinashilingam University for Women, Coimbatore, 30th October 2006
- Seminar on Multiple Approaches Towards Intellectually Challenged Children, organized by FGAPeDy, RKMVU, Coimbatore, 12th & 13th February 2009

- A 3-Day Workshop on Application of SPSS for Data Analysis, organized by Everonn Learning Academy, Chennai, 29th to 31st August 2007
- National Workshop on Avenues in Physical Education, organized by Dept of Physical Education, Bharathiar University, Coimbatore, 18th to 20th March 2010
- National Workshop on Emerging Needs and Application of Biomechanics In Sports & Games, organized by YMCA College of Physical Education, Chennai, 29th & 30th March 2010
- Workshop on Basic Games Management Training, jointly organized by Special Olympics Bharat – Tamil Nadu & RKMVU, Coimbatore, 14th to 18th Jan 2011
- One Day National Level Workshop on Employers' Based Curriculum Designs in Physical Education, organized by RMV MCPE, Coimbatore, 18th August 2012
- Workshop on Officiating and Coaching in Football, organized by FGAPeDY, RKMVU, Coimbatore, 19th October 2012
- National Workshop on Career Oriented Curriculum in Physical Education, organized by FGAPeDY, RKMVU, Coimbatore, 02nd November 2012
- State Level Workshop on Athletics, organized by RMV MCPE, Coimbatore, 8th & 9th Nov 2012
- Referees Clinic and Passed Referees Examination, organized by RMV MCPE, Coimbatore, 6th October 2008

PARTICIPATED IN FACULTY DEVELOPMENT PROGRAMMES

S.No	Programme	Duration	Organized by
1	Special Olympics Leadership Academy - Leader I	4 days	Special Olympics International, held at Scottish high International, Gurgaon, 1 st to 5 th December 2014
2	Special Olympics Leadership Academy - Leader II	4 days	Special Olympics International, held at Gurgaon, 17 th – 20 th May 2016
3	Special Olympics Leadership Academy - Leader III	3 days	Special Olympics International, held at Kolkata, 21 st to 23 rd January 2017
4	Community Coaches Training Programme – Level 2	2 days	Special Olympics Bharat – Tamil Nadu, held at RKMVERI Coimbatore, 7 th & 8 th June 2012
5	Basic Games Management Training Workshop	5 days	RKMVERI – Coimbatore Campus, 14 th to 18 th Jan, 2011

ACTIVITIES RELATED TO SPECIAL OLYMPICS / PARALYMPICS

- Being a National Trainer, accredited by Special Olympics Asia Pacific, I have trained 260 coaches about the technique & tactics and Rules and Interpretation of Major Special Olympics Games and Sports, who have undergone the PG Diploma in Special Olympics at Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of General & Adapted Physical Education and Yoga, from 2007 to 2018 (11 batches).
- I have organized many Community Coaches Training Program (Level - 1& 2) at our University Campus for promotion of sports and games for the disabled.
- I have attended three levels of Special Olympics Leadership Academy held at Gurgaon & Kolkata.

SPORTS TOURNAMENTS & SPECIAL COACHING CAMPS

- Acted as a coordinator for the inclusive project sports meet conducted four times in a year by the department of RKMVERI - GAPEY.
- Acted as a coordinator, every year we organized three state/district level track and field and special sports & games for persons with visual impairment / hearing impairment / intellectual disability and physical impairment.
- Acted as a programme coordinator for the Coaching Camp of Indian Wheelchair Basketball Team in year 2019.
- Acted as a programme coordinator for the Coaching Camp of Indian Para Sitting Volleyball Team in the year 2018.
- Acted as a programme coordinator for the State Level Volleyball for Visually Impaired in the year 2015, 2016, 2017, 2018 and 2019.
- Acted as a programme coordinator for the State Level Para Sitting Volleyball for Physical Impairment in the year 2019.

INNOVATIVE SERVICE DELIVERY SYSTEM FOR CHILDREN WITH DISABILITIES - UNIFIED PLAY DAY

- As Project Coordinator and Working committee member of “Unified Play Day”. The main objective of the Unified Play Day (UPD) is to provide multiple approaches to children with disabilities. With the presence of 500 children with and without disabilities, around 87 schools from various blocks under the Sarva Siksha Abhiyan Scheme in Coimbatore Educational District. These children are generally considered a burden, and are treated differently. It will provide a platform for the special children to learn through recreational physical activities such as yogic asanas, dance, hand kerchief drills and socialization, etc., which could be conducive to their physical and mental well-being.

SIGNIFICANT CONTRIBUTION/ ACHIEVEMENT

- Participated as a Member at Global outstanding researchers in Special Olympics World Games held at Athens, Greece 2011.

MEMBERSHIP OF PROFESSIONAL BODIES, SOCIETIES

- Selection Committee Member – Special Olympics Bharat – Tamil Nadu
- Sports Secretary (Coimbatore District) - Special Olympics Bharat / Paralympics
- Member of Board of Studies - Maruthi College of Physical Education

NATIONAL ELIGIBILITY TEST

Name of the Test & Conducted	Subject	Month & Year
National Eligibility Test for Lectureship & University Grants Commission UGC Ref.No: 11789/(NET-DEC.2010) Roll No: 09470113 Electronic Certificate No: 102011789	Physical Education	June 2011

COMMUNITY SERVICE

- ❖ As a Special Olympics Sports Coordinator for Coimbatore District, Tamil Nadu, India, serving to the Special Needs People by organizing training and competition to their degree of disability.
- ❖ Qualified Field Hockey Umpire – Tamil Nadu Hockey Association.

PERSONAL PROFILE

Date of birth : 01 / 01 / 1976
Place of birth : Coimbatore.
Religion : Hindu
Nationality : Indian
District & State : Coimbatore, Tamil Nadu
Marital Status : Single